

# THE JOY OF HOPE

HOW TO LIVE JOYFULLY IN THE  
HOPE OF ETERNAL LIFE



## CAFE

An inspirational  
four session course  
filmed on the Greek  
Holy Island of Patmos

Thursdays **10.45am to 12.00** repeated **7.45pm to 9.00pm**  
**7th, 14th, 21st and 28th March** in the Parish Hall

1 DO NOT BE AFRAID                      2 HEAVEN ON EARTH  
3 THE BEST IS YET TO COME    4 THE RIVER OF LIFE

Light refreshments after 10am Mass

Light buffet available in the evening

SS Alban & Stephen Church, 14 Beaconsfield Road, St Albans AL1 3RB