

**FRIDAY OF THE PASSION OF THE LORD  
GOOD FRIDAY 2026  
ST ALBAN & ST STEPHEN**

*Please kneel in silence when the clergy prostrate themselves on the floor.  
and then stand when the priest goes to the chair for the Opening Prayer.*

**Opening Prayer**

**LITURGY OF THE WORD**

*The Liturgy of the Word begins on p.197 of the 'Parish Mass Book'.*

**Homily**

**THE SOLEMN INTERCESSIONS**

*Each intercession is introduced by the deacon, is followed by a period of  
silent prayer and concludes with a prayer said by the priest.*

**THE SHOWING OF THE HOLY CROSS**

*The Cross is processed through the Church. The responsory is sung three times.  
After responding 'Come, let us adore!' please kneel in adoration, standing as  
the procession towards the altar resumes.*

Deacon Behold, behold the Wood of the Cross,  
on which was hung our salvation.

All **O come, let us adore!**

**THE ADORATION OF THE HOLY CROSS**

*The ministers now reverence the Cross*

**I**

Drop, drop, slow tears,  
And bathe those beautiful feet  
Which brought from Heaven  
The news and Prince of Peace:

Cease not, wet eyes,  
His mercy to entreat;  
To cry for vengeance  
Sin doth never cease.

In your deep floods  
Drown all my faults and fears;  
Nor let His eye  
See sin, but through my tears.

*Once the ministers have revered the Cross it is placed on the altar for all to adore*

## II

Were you there when they crucified my Lord?  
Were you there when they crucified my Lord?  
Oh, sometimes it causes me to tremble, tremble, tremble.  
Were you there when they crucified my Lord?

Were you there when they nailed him to the tree?  
Were you there when they nailed him to the tree?  
Oh, sometimes it causes me to tremble, tremble, tremble.  
Were you there when they nailed him to the tree?

Were you there when they laid him in the tomb?  
Were you there when they laid him in the tomb?  
Oh, sometimes it causes me to tremble, tremble, tremble.  
Were you there when they laid him in the tomb?

Were you there when God raised him from the tomb?  
Were you there when God raised him from the tomb?  
Oh, sometimes it causes me to tremble, tremble, tremble.  
Were you there when God raised him from the tomb?

## HOLY COMMUNION

*Mass is not celebrated on Good Friday, but Holy Communion is distributed.*

### I

This is my body, broken for you,  
bringing you wholeness, making you free.  
Take it and eat it, and when you do,  
do it in love for me.

This is my blood poured out for you,  
bringing forgiveness, making you free.  
Take it and drink it, and when you do,  
do it in love for me.

Back to my Father soon I shall go.  
Do not forget me; then you will see  
I am still with you, and you will know  
you're very close to me.

Filled with my Spirit, how you will grow!  
You are my branches; I am the tree.  
If you are faithful, others will know  
you are alive in me.

Love one another – I have loved you,  
and I have shown you how to be free;  
serve one another, and when you do,  
do it in love for me.

## II

Praise to the Holiest in the height,  
and in the depth be praise,  
in all his words most wonderful,  
most sure in all his ways.

O loving wisdom of our God!  
When all was sin and shame,  
a second Adam to the fight,  
and to the rescue came.

O wisest love! That flesh and blood  
which did in Adam fail,  
should strive afresh against the foe,  
should strive and should prevail.

And that a higher gift than grace  
should flesh and blood refine,  
God's presence and his very self,  
and Essence all divine.

O generous love! That he who smote  
in man for man the foe,  
the double agony in man  
for man should undergo;

And in the garden secretly  
and on the Cross on high,  
should teach his brethren, and inspire  
to suffer and to die.

Praise to the Holiest in the height,  
and in the depth be praise,  
in all his words most wonderful,  
most sure in all his ways.

### **Prayer Over the People**

*Following the Prayer over the People the ministers leave the church in silence. You are invited forward to reverence the Cross by kissing the Cross or by genuflecting to the Cross. Please approach the Cross via the centre aisle and leave via the side aisles. As people leave the customary collection in support of the Christian community in the Holy Land will be taken at the door.*

Our celebration of the Easter Triduum continues

### **Holy Saturday**

8:00pm Easter Vigil

### **Easter Sunday**

8:00am Mass	St Alban & St Stephen
8:30am Mass	St John Fisher School, Marshalswick)
9:30am Mass	St Bartholomew
10:00am Mass	St Alban & St Stephen
11:30am Mass	St Bartholomew
12:00am Mass	St Alban & St Stephen

### **There is no 6pm Mass on Easter Sunday**

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