

Season of Creation

The Season of Creation, instigated by Pope Francis, seeks to awaken us to the vital link between each human being and the world we live in and rely completely upon.

Christians celebrate the Season of Creation throughout September through prayer and action.

As well as using the two beautiful prayer and reflection sheets that are available, we are invited to commit to some concrete action. This should be something that you can adopt on your own or within your family.

There are some examples below. Please take some time to see which you might like to take up during September and hopefully into the future.

Please return the commitment form overleaf next weekend and then live out the change(s); then return the second form with your results. The results will be published in the newsletter.

Some ideas to get you going:

- | | |
|---------------------------|---------------------------|
| Walk more/use car less. | Reduce food waste. |
| Save water where you can. | Cut down on heating. |
| Buy fair trade goods. | Power down where you can. |
| Look for seasonal food. | Be nice to people. |
| Shop locally. | Buy from charity shops. |
| Recycle/reuse things . | Freeze leftover food. |
| Cook only what you need. | Try a farmers' market. |

Our commitment to support the Season of Creation:

I/we will undertake the following to make the world a better place:

Return this half of the form to the Presbytery on 12/13th September.

This is what I/we did to support the Season of Creation.

Please return this on 26/7th September.